

### **Family Resource Newsletter**

A Newsletter for Families and Their Children Served by Brevard County Early Steps

**APRIL 2024 Edition** 



April is Autism Acceptance Month! At Space Coast Early Steps, we're committed to supporting every child's unique journey, and this month offers us an incredible opportunity to amplify acceptance, awareness, and appreciation for individuals on the autism spectrum.

### Why Autism Acceptance Matters

Autism Acceptance Month is more than just raising awareness; it's about embracing diversity, advocating for inclusion, and celebrating the strengths and talents of individuals with autism. By shifting the focus from mere awareness to acceptance, we strive to create a world where everyone feels valued, understood, and included. **Facts About Autism** 

- About 1 in 36 children in the US are identified with autism
- Autism is nearly 4 times more common among boys than among girls
- Autism is characterized by differences in social interaction, communication, and responding to sensory experiences.

#### Ways to Get Involved

Throughout April, there are countless ways to participate and show your support for Autism Acceptance Month:

- Get SOAKed for Autism 2024 <u>https://www.soakautism.com/</u>
  - A free fun day for the whole family on Saturday, April 6<sup>th</sup>, from 11-2pm at Fred Poppe Regional Park, Palm Bay
- UCF Center for Autism and Related Disabilities (CARD) has a variety of classes and activities. <u>https://ucf-card.org/calendar/</u>
- Autism Workshop The Five Point Scale on Wednesday, 17<sup>th</sup> April at Suntree Business Center, 9am 10:30am
- ABG Helping Hands Family Festival, Harley Davidson, Palm Bay, Saturday, April 27th, 11am 4pm
- <u>https://www.belikebuddy.com/florida</u> Autism Friendly Activities in Florida

### Let's Celebrate Together!

This Autism Acceptance Month, let's come together as a community to celebrate diversity, promote acceptance, and build a more inclusive world for all. We invite you to join us in spreading love, understanding, and support throughout the month of April and beyond.

Becca Fire, BCBA Infant Toddler Developmental Specialist



# **AUTISM SCREENING**

In partnership with The Scott Center for Autism Treatment For Early Steps Families Up to Age 4

Tuesday, May 7th, 2024 Space Coast Early Steps 3000 N. Wickham Road, Melbourne, FL 32935

SPACES ARE LIMITED To RSVP please call or text Mary Cancel at (321) 292-1370

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# EARLY STEPS PLAY GROUPS

Families with developmental delays and disabilities, ages 0 - 3 are welcome to join us for therapy related play activities JANUARY THROUGH MAY 2024

Palm Bay Play Group - Every 3rd Friday of each month 9:30am - 10:30am Palm Bay Library, 1520 Port Malabar Blvd. NE, Palm Bay, FL 32905

Satellite Beach Play Group - Every 3rd Friday of each month 9:30am - 10:30am 751 Jamaica Blvd., Satellite Beach, FL 32937

Melbourne Play Group – Every 1st Tuesday of each month 9am – 10am Eau Gallie Public Library, 1521 Pineapple Avenue Melbourne, FL 32935

Cocoa Play Group – Every 1st Wednesday of each month 10am – 11am Catherine Schweinsberg Rood Central Library, 308 Forrest Ave, Cocoa, FL, 32922

Titusville Play Group - Every 2nd Friday of each month 9am - 10am The Children's Center, 5650 S. Washington Ave., Titusville, FL 32780

TEXT 321-292-1370 (or call) to RSVP

early steps



https://fun4spacecoastkids.com/

Check out this site for lots of events, groups, activities, clubs and more!

















8:15 am - Walk begins

2024 Promise Walk (qgiv.com)

FREE WORKSHOP ONLINE

# **ALL ABOUT IEP'S**

Presented by Emily DeWoody of the Family Liason Project

Thursday, April 11th 12:30pm - 1:30pm

Join Zoom Meeting https://us02web.zoom.us/j/83829774665

Meeting ID: 838 2977 4665



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PRESENTED BY DIETRICH BROWNE RESOURCE TEACHER FOR THE ASD PROGRAM AT BREVARD PUBLIC SCHOOLS

# AUTISM WORKSHOP

<u>5 Point Scales</u> nd rational way to des

A systematic and rational way to describe nebulous gray areas of the social world. Calm or overwhelmed only? How about 1. Calm, 2.
Concerned, 3. Worried, 4. Upset or 5. Overwhelmed?
5 Point scales can add clarity for understanding.

# WEDNESDAY, APRIL 17

9:00 AM-10:30 AM

SUNTREE BUSINESS CENTER, BLDG. A

CONFERENCE ROOM 3270, SUNTREE BLVD., MELBOURNE, FL 32940

OPEN TO PARENTS, CAREGIVERS AND PROFESSIONALS

Please visit the URL below to register on Eventbrite-Spaces are limited: <u>https://shorturl.at/jCHKX</u>

BPS



#### 1st Sunday Morning of Each Month 9am to 11am 2250 W Coastal Ln, West Melbourne, FL 32904

Chuck E. Cheese's now offers a sensory-friendly experience on the *first* **Sunday of every month**. Our trained and caring staff is there to make sure families who have children with special needs have a fun filled visit.



### **BREAKFAST SUPPORT GROUP**

Please join us for resources, friendship and support. We will share our journey together! Food and/or drinks avbailable for purchase.

All ages welcome!

Friday, April 5<sup>th</sup> Friday, May 3rd

Cracker Barrell Old Country Store 1175 Palm Bay Rd NE, Melbourne, FL 32905

9:30am – 11am







### Space Coast Early Steps C.A.T.C.H. of Brevard

Community Access to Child Health of Brevard, Inc. Early Intervention Services for young children with special developmental needs

For more information or referral contact:

1264 Rockledge Blvd., Suite 104 Rockledge, Florida 32955 Ph: (321) 634-3688 Fax: (321) 504-0955

Funding provided by IDEA and Florida Dept. of Health

### VISIT OUR WEBSITE:

https://www.spacecoastes.org/





The IDEA Part C Grant Application and 2024 Proposed Policy Changes have been publicly noticed at <u>Program Policies and Guidance - FDOH Early Steps (floridaearlysteps.com)</u>, effective March 20, 2024. Public hearings will be held on Friday, April 19<sup>th</sup>, at 10:00 AM and Monday, April 22<sup>nd</sup>, at 2:00 PM, to allow for public participation.

The opportunity for public comment on the proposed policies and the Part C application will be available for 30 days after public hearing, beginning April 19<sup>th</sup>, 2024, through May 19<sup>th</sup>, 2024. Comments will be accepted from the public, including parents of infants and toddlers with disabilities, providers of services, advocacy groups and organizations, as well as other stakeholders in the state.

Questions about the public hearing can be sent to <u>Andrew.Smith@flhealth.gov</u>, but all public comments must be directed to <u>CMS.EarlyStepsPublicComment@flhealth.gov</u>.

Mary Cancel Family Resource Specialist/Family Advocate Space Coast Early Steps 1264 Rockledge Blvd., Suite 103 Rockledge, FL 32955 <u>Mary.Cancel@spacecoastes.org</u> Cell (text or call): (321) 292-1370

https://www.facebook.com/Space-Coast-Early-Steps-101089132406421

