

How to Help Your Child Learn to Share

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Learning how to share is a big challenge for all children because it often means putting aside one's own needs in order to make someone else happy. Sharing is not a skill children have when they are born—they need to be taught how to share and how to see that their efforts have helped someone else feel happy or solve a problem. In order to learn this skill, children need adults to provide them with many different opportunities where they can practice how to share with others and see other children in the act of sharing. When a child learns how to share with others she feels more confident and is better able to play with other children independently. Additionally, learning how to share gives a child a very important and solid foundation of successful friendship skills she can continue to build on as she grows.



Try This at Home

- Read books about sharing with your child. Talk about how the characters might feel as the story unfolds. All feelings are healthy and normal. A character might be feeling a variety of emotions—from frustrated and sad to happy and joyful. A good example is the CSEFEL Book Nook based upon the book *I Can Share* by Karen Katz. This resource has many activities that go along with the book to teach about sharing. http://challengingbehavior.fmhi.usf.edu/docs/booknook/BookNook_share.pdf
- Notice and point out when other children are sharing. "I see that those girls are sharing their snack."
- Notice and let your child know that you see the many moments in the day when he is sharing. "Thank you for sharing your crayons with me. I feel happy when you share." Or "When I came to pick you up from school, I noticed that you were sharing the toys with Sophie. What a good friend!"
- Plan ahead if sharing might be a concern. "Avery is coming over to our house today for a play date. I know how special your blankie is to you. We can put your blankie in a special place that is just for you and all the other toys will be shared with Avery."
- Find opportunities to teach sharing to your child. "Oh no! For desert tonight we only have three cookies left for you, Joey, me, and Daddy. I wonder what we can do?"



Practice at School

At school, children are taught how to share and learn about how sharing makes friends feel. Children learn about sharing through stories, role-playing and puppets. One way teachers help children learn how to share with each other is by pointing out how a friend looks and feels when a child does, or does not, share. Teachers also encourage children to begin to solve problems by themselves. "I see you have five cars and Ryan has none. I wonder what we can do?" Or "I wonder which car Ryan can use?" Most importantly, teachers congratulate children when they solve sharing problems and recognize how proud they must feel after they share.



The Bottom Line

Sharing is a skill that your child will use throughout her life to get along with others during activities and build friendships. Children who learn how to share are better able to understand other's feelings, negotiate difficult situations with confidence and feel secure in their ability to solve problems by themselves.

FULLY ENCLOSED, SHADED WATER PLAY FOR UNDER 5'S OPEN TO ALL CHILDREN
(IN SUMMER OLDER SIBLINGS ARE WELCOME JUST WATCH OUT FOR UR LITTLE ONES!)
BRING A BATHING SUIT, TOWEL AND A DRINK/SNACKS IF YOU WOULD LIKE - FREE

WATER PLAY
MAY - SEPTEMBER

COMMUNITY PLAY DATE *Under 5's*

.....
EVERY 4TH WEDNESDAY OF THE MONTH

From 9:00am - 10:30am

The Children's Center

**5650 S. Washington Ave.,
Titusville 32780**

RSVP to Mary: 321-292-1370

SPACES ARE LIMITED!



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EARLY STEPS PLAYGROUPS

LET'S PLAY TOGETHER

Inclusive for Ages 0-3

1st Wednesdays Cocoa Library 10am-11am

2nd Fridays Titusville Children's Center 9am – 10am

3rd Fridays Palm Bay Library 9:30am – 10:30am

3rd Mondays My Gym Viera 12:30-1:30pm ***

4th Fridays Wee Warriors Melbourne 11:30am–12:30pm ***
jointly with Deaf/Hard of Hearing Group

4th Mondays Play Space Canaveral 9am-10am***

4th Wednesdays Community Playgroup (Ages 0-5)

Titusville Children's Center 9am-10:30am

***** Current Early Steps Families Only**



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SAVE
THE
DATE!



2 AUGUST 2025

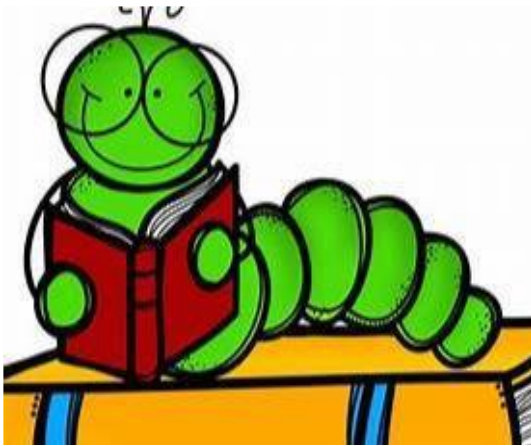
Melbourne Auditorium

11am until 4 pm



The conference is meant to bring Floridians of all ages and types of disabilities together for a day of friendship, information, resources, training, networking, open panel discussions, workshops, and breakout sessions covering various topics from legislation to mental health, age-specific concerns, ministry help, and more. This year's keynote speaker is JJ Holmes, a disabled disability advocate working on behalf of all the disabled. There will be vendors under one roof, including DME, specialized services, exhibitors, sponsors, nonprofits, resource partners, junior entrepreneurs, and more. There will also be a respite area for kids.

This is a free event for everyone!



**DON'T FORGET TO CHECK
OUT YOUR LOCL LIBRARY
FOR FREE FUN GROUPS,
ACTIVITIES AND EVENTS THIS
SUMMER!**

SUMMER BREAKSPOT

THE COOLEST SPOT FOR **SUMMER MEALS**

★ **NO COST!** ★

Meals For Florida Kids and Teens

While school's out, Summer BreakSpot offers a place where Florida kids and teens 18 and under can access no-cost meals like breakfast, lunch and/or snacks.

There's no application necessary! All you have to do is show up, so tell your friends, family, neighbors and join us at the coolest spot for kids this summer.



RECEIVE MEALS AT NO COST THIS SUMMER:

Visit: SummerBreakSpot.org
Call 2-1-1 or 850-617-7170



**DIVISION OF FOOD,
NUTRITION AND WELLNESS**

This institution is an equal opportunity provider.





UPCOMING WORKSHOPS – FREE ONLINE!

Understanding a Child's Emotional Development

- June 26, 2025 12:30-1:30pm

The Systems You Will Engage to Support Your Child and Family

- July 24, 2025 12:30-1:30pm

Strategies that Work! Managing Your Health and Wellness

- Sept 25, 2025 12:30-1:30pm

Please click below to register:

<https://us06web.zoom.us/meeting/register/69ZsFzu6ReK8X9no2WGgSA>



FREE KIDS MOVIES THIS SUMMER:

<https://fun4spacecoastkids.com/Whats-Happening/Summer-Kids-Movies/>



FOR MORE INFORMATION PLEASE VISIT:

"SPACE COAST BREASTFEEDING
COALITION" ON FACEBOOK/INSTAGRAM

3 ♥ 2 ♥ 1 LATCH

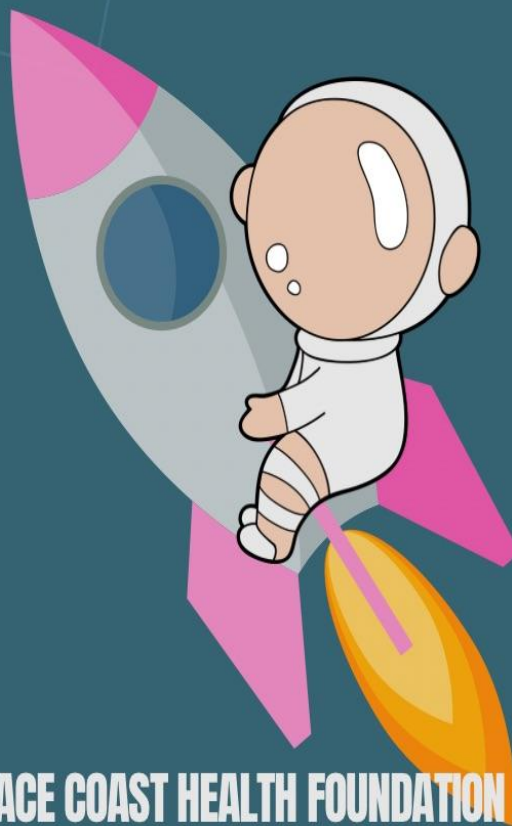
**AUGUST 1, 2025
10:00 AM-12:30 PM**

THE LATCH STARTS AT 11AM!

SAVE THE DATE

SPACE COAST HEALTH FOUNDATION

1100 ROCKLEDGE BLVD ROCKLEDGE, FL



+ ADMINISTRATIVE VOLUNTEER NEEDED

**Administrative volunteer
position that provides an
opportunity for personal growth,
community involvement, and
skill development**



**early
steps**
Space Coast

SEND YOUR INFO TO:

JILL.HACKETT@SPACECOASTES.ORG



SUNDAY, JUNE 15TH, 2025



FAMILY RESOURCE LENDING LIBRARY

If you are in need of special items, resources or information we may be able to help! We loan out books, toys, or special items depending on what you and your unique child might need. We have lots of hands out on lots of subjects! Do you have items you wish to **donate** for our families? We would LOVE to pass them along to another family in need!



Keep Cool Water Play

Brevard County: Sprinkler Parks -
Fun 4 Space Coast Kids



1st Sunday Morning of Each Month

9am to 11am

2250 W Coastal Ln, West Melbourne, FL 32904

Chuck E. Cheese's now offers a sensory-friendly experience on the **first Sunday of every month**. Our trained and caring staff is there to make sure families who have children with special needs have a fun filled visit.



BREAKFAST SUPPORT GROUP

Please join us for resources, friendship and support. We will share our journey together!

Food and/or drinks available for purchase.

All ages welcome!

Friday, June 6 and Friday, August 1st

Cracker Barrel Old Country Store

1175 Palm Bay Rd NE,

Melbourne, FL 32905

10am – 11:30am

Space Coast Early Steps C.A.T.C.H. of Brevard

Community Access to Child Health of Brevard, Inc.
Early Intervention Services for young children with
special developmental needs

For more information or referral contact:

1264 Rockledge Blvd., Suite 104

Rockledge, Florida 32955

Ph: (321) 634-3688 Fax: (321) 504-0955

Funding provided by IDEA and Florida Dept. of Health

VISIT OUR WEBSITE:

<https://www.spacecoastes.org/>



LIKE OUR FACEBOOK PAGE!

<https://www.facebook.com/Space-Coast-Early-Steps-101089132406421>



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Rockledge, FL 32955
Mary.Cancel@spacecoastes.org
Cell (text or call): (321) 292-1370

CHECK OUT OUR WISHLIST:

https://www.amazon.com/hz/wishlist/ls/2GMM3ZYZA9H69?ref=wl_share

If you would like to help families and
therapists on Amazon, every item is needed
and always appreciated.
Thank you for your support!